

# Little Black Book

Secret addresses from stylish people



**NICK WAKEMAN** is the creative director of Studio Nicholson, whose womenswear is inspired by men's tailoring. Formerly a menswear designer, she counts Rebecca Hall, Sharleen Spiteri and Garance Doré among her fans. [studionicholson.com](http://studionicholson.com)

## 29 Palms Inn California

The Joshua Tree National Park is a special place for me. And this is the place to stay; its low-key cabins come with open-hearth fires and outdoor hammocks. [29palmsinn.com](http://29palmsinn.com)



## Jerwood Gallery Hastings

On the beach in Hastings, this gallery has a permanent collection of 20th- and 21st-century British art. I adore the design of the building. [jerwoodgallery.org](http://jerwoodgallery.org)



## Antiquariato sul Naviglio Grande

Milan

On the last Sunday of the month there is a marvellous flea market along the canal in the south of Milan. Italian vintage is less quaint than the stuff found at the Paris flea markets. Last time I was there I acquired a beautiful 1950s lemon squeezer. [navigliogrande.mi.it](http://navigliogrande.mi.it)



## Pavé Milan

The interior of this bakery is stunning. When I am in Milan, this is where I have breakfast. The coffee is four-star, the breads and pastries are out of this world, and the customers are supremely well dressed. [pavemilano.com](http://pavemilano.com)



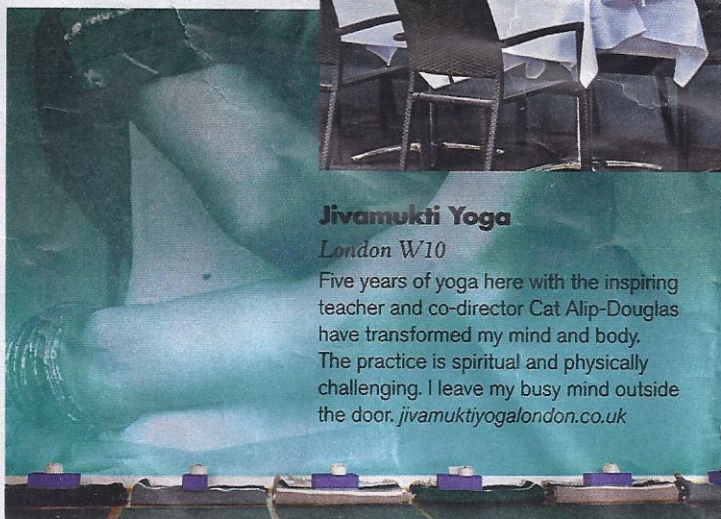
## Odette's London NW1

This restaurant in Primrose Hill is owned by Bryn Williams, the partner of my pal Sharleen Spiteri. I've had some of the best, belly-laughing all-day lunches here with my girl friends. Bryn is an exceptional chef. [odettesprimrosehill.com](http://odettesprimrosehill.com)

## Jivamukti Yoga

London W10

Five years of yoga here with the inspiring teacher and co-director Cat Alip-Douglas have transformed my mind and body. The practice is spiritual and physically challenging. I leave my busy mind outside the door. [jivamuktiyogalondon.co.uk](http://jivamuktiyogalondon.co.uk)



## The Cary Arms

Devon

This hotel is magical. Tucked away in a cove in Babbacombe, it's dog-friendly and has a cosy restaurant that serves local fish. The beds are so comfortable I sleep like a baby. [caryarms.co.uk](http://caryarms.co.uk)

